

The Wilderness Bike Tour

ROAD BIKE RIDE

Important: Ride Single File

38.5 mile (60K) Road Ride around the Sylvania Wilderness Area.

1. Start at State Line Events Center and ride 0.55 miles west on County Highway B to Duck Lake Rd
2. Turn right (north) on Duck Lake Road and continue to its end at US 45 (8.6 miles from start).
3. Turn Left on US 45 and ride 0.85 miles to the intersection of US 45 and US 2.
4. Continue straight on US 45 for 0.3 miles and turn left (west) on 1st Street (Old 2). Immediately after turning left there is a rest station at the Watersmeet Pavilion. Water and a snack will be available.
5. Continue on Old US 2 for 1.25 miles until it intersects with US 2 (11.0 miles from start).
6. Merge with US Hwy 2 for 0.5 miles and then follow Old 2 west for 2.0 miles to Thousand Island Lake Road (13.8 miles from start).
7. Turn left (south) on Thousand Island Lake Road (Note that if you elect to take the 24K extension, you will continue straight on Old 2 for 7.5 miles, see 24K Road Ride Extensions).
8. Ride Thousand Island Lake Road to the intersection of Crooked Lake Road (15.6 miles from start) and turn left to follow Crooked Lake Road. Sylvania Wilderness Cabins will have refreshments, and bathrooms are available.
9. Continue on Crooked Lake Road until it ends at the intersection of Thousand Island Lake Road (16.7 miles from start).
10. Continue south on Thousand Island Lake Road past the Entrance Station to the Sylvania Wilderness Area (17.9 miles from start) where bathrooms are also available. A bathroom is also available at the Thousand Island Lake Boat Landing several miles south of the Entrance Station (22.6 miles from start).
11. At the end of Thousand Island Lake Road turn left (south) on County Highway B (28.0 miles from start).
12. Ride 2.1 miles on Highway B to the Forest Lake Country Store and the West Trailhead of the Land O'Lakes Bike Trail.
13. Take the Bike trail 8 miles east to the finish at Stateline Events Center. (Note that if you elect to take the 8K Road Ride Extension, you must take the Forest Lake Road loop just across from the Forest Lake Country Store, see 8K Road Ride Extensions)

15 mile (24K) Road Ride Extension

1. Continue straight (west) on Old US 2 at the intersection of Old US 2 and Thousand Island Lake Road
2. Ride 7.5 miles to Rogers Bar
3. Turn around and head east on Old US 2 back to the intersection of Old US 2 and Thousand Island Lake Road
4. Turn south on Thousand Island Lake Road to join the 60K Road Ride Route

5 mile (8K) Road Ride Extension

Take the Forest Lake Loop across from the Forest Lake Country Store for a great ride with nice rolling hills.

Purchased Food and Drink Options for the Road Ride

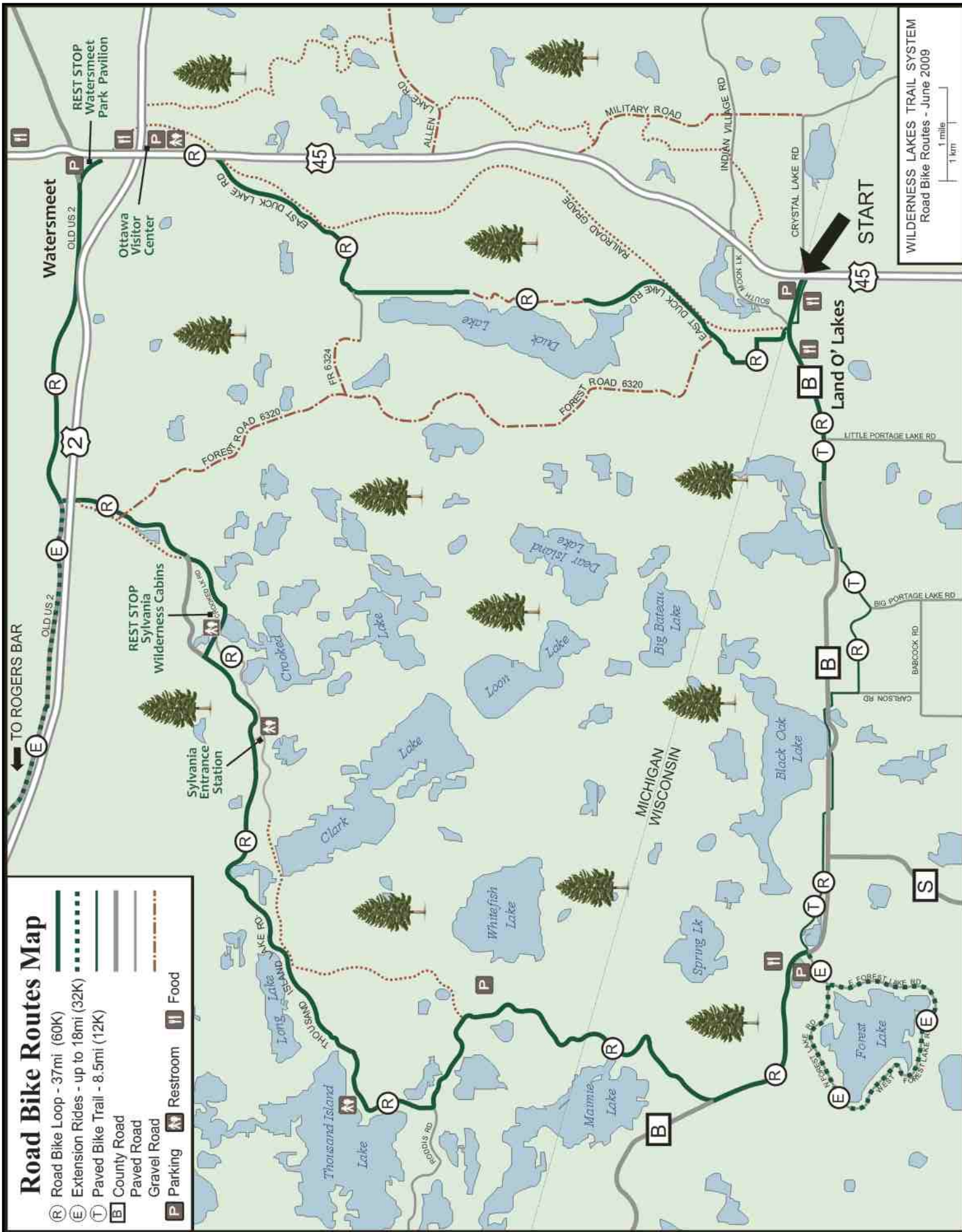
1. The Forest Lake Country Store sells ice cream, food, and beverages, including a wide selection of Wine and Beer to consume or take back in your pack.
2. The Dairy Maid in Land O' Lakes has all sorts of soft serve ice cream treats, drinks and food
3. In Watersmeet, you can purchase ice cream, food, and beverages at Strong's Restaurant, Big Mama's Restaurant or at Nordine's Grocery Store and Amoco Station.
4. You can find a beverage, pizza, and chips at Rogers Bar if you take the 24K Road Ride Extension, but you won't find a sandwich

Food After the Ride in Land O' Lakes

1. You can find Brats and Hamburgers at the Airport Fly-in from 10AM until noon. The Airport is about ½ mile south of Stateline Events Center, behind the Gateway Lodge
2. Brats and Hamburgers will also be available at the Art Impressions Art and Craft Show after noon. The Art Impressions Art and Craft Show is 1 mile west of Stateline Events Center, or 1 mile before the finish of the Road Ride and the Paved Bike Trail Ride.
3. "1938 North" is a restaurant located in the Gateway and has a full food and beverage menu.
4. The Rusty Nail Tavern, ½ mile west of Stateline Events Center, has burgers and beverages
5. Donaldson's Gourmet ½ mile west of Stateline Events Center has a Coffee House
6. The Dairy Maid, 1 mile west of Stateline Events Center has all sorts of soft serve ice cream treats, drinks and food

Road Bike Routes Map

- (R) Road Bike Loop - 37mi (60K)
- (E) Extension Rides - up to 18mi (32K)
- (T) Paved Bike Trail - 8.5mi (12K)
- (B) County Road
- Paved Road
- Gravel Road
- (P) Parking (M) Restroom (II) Food



WILDERNESS LAKES TRAIL SYSTEM
Road Bike Routes - June 2009